

# METAPHYSICAL MISSISSIPPI



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## June's Mashup



Stay in the loop and be on the look out for more events added for the upcoming month on our website's [Events Calendar](#).

### June 2023 Meetup

by Krista Tew

Director of Metaphysical Mississippi

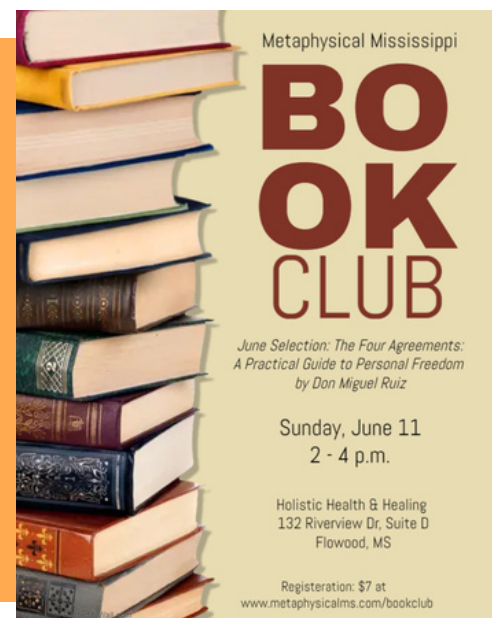


Can you believe we are approaching the midpoint of the year for 2023? Time flies when you are having fun, or trying to get through the work week. This summer is shaping up to be full of metaphysical opportunities. Check out some of those offerings here in the Metaphysical Mississippi Mashup Newsletter. Our next Meetup in June will be held at Jax-Zen in Jackson, MS. Jax-Zen last served as venue host for the Meetup in August of last year. It was a lovely evening getting to know the tribe in Midtown and experiencing the vibe that Jina and her staff have nurtured. If you have never visited this space or explored float therapy, this is a great opportunity to check it out. We recently had Jina Daniels, co-owner of Jax-Zen, on the podcast and had a lovely virtual visit with her. (This was her second appearance on the Metaphysical Mississippi Video Podcast. Check out the earlier episode from October 2022 for her origin story.)

Now, on Wednesday, June 14th from 7 -8:30 pm, we get to hang out in person and continue the conversation. Our theme for the evening will pick up from the recent interview with Jina, "Companion Planting within the Arts". We want to explore more about bringing art into your spiritual life and bringing your spiritual life into art. Art will be at the heART of this discussion. Don't worry if you think you are not an artist. Everyone is an artist in their own way. We will have a Community Canvas at the Meetup for those who would like to participate. So be prepared for some artistic fun if you feel so inclined. We look forward to seeing you there.

## Metaphysical Mississippi Book Club

Attention Book Lovers! Do you love to explore new ideas and learn new things? Have you wished you could share what you have experienced through the written word with others? We are excited to announce that Metaphysical Mississippi will begin a book club led by Natalie West at Holistic Health and Healing in Flowood, MS. Our first meeting will be Sunday, June 11 at 2pm. Our first book to discuss will be *The Four Agreements: A Practical Guide to Personal Freedom* by Don Miguel Ruiz. Cost is \$7, book not included. Go to our website [metaphysicalms.com/bookclub/](http://metaphysicalms.com/bookclub/) to register. Space is limited.



Want to add an event to our calendar and newsletter? Visit our [Submit a Listing](#) page.



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Check out some of June's upcoming events. This newsletter has clickable links to the event organizer's website or registration page.

INSPIRING INQUISITIVE, CREATIVE MINDS & HEARTS

**KIDI-ZEN SUMMER ART CAMPS NOW ENROLLING!**

Supporting 2nd-6th graders' inquisitive minds and creative nature.

Week 1: June 5-9 Global Passport  
Week 2: June 12-16 heaART lab

Sat. June 3rd 6pm

FULL MOON  
**heARTual**  
heart + ART + ritual

Jax Zen

**FOCUS**

You're Invited to a **Book Signing Event**

at Holistic Health and Healing  
132 Riverview Drive, Suite D  
Flowood, Mississippi

7:00 - 8:30 pm  
Saturday, June 3, 2023

**The Matriarchal Missive:  
Women's Insight & Hindsight  
from the Silver & Gold Years of Life**  
Edited by Duann Kier

Contributors include Shari Crook, Paulette Egler, Rev. Duann Kier, Sunny Kraft, Klare Lane, Carolyn Masters, Doreene McCoy, Dr. Connie Numbers, Karen Parker, Laurie Anderson Peters, Maguerite (Maggie) Peyton Sorrels and Rev. Dr. Karen Tate

The book is available for purchase at the event, at [duannkier.com](http://duannkier.com) or on Amazon at <https://a.co/d/4dahJne>

Questions: Email [Duann@DuannKier.com](mailto:Duann@DuannKier.com) or Text Shari Crook 601-503-5010

[mississippireikiassociation.org](http://mississippireikiassociation.org)

**MSRA Virtual Reiki**  
Share  
Every First Wednesday  
of the Month  
via Zoom

June 7th at 7-8 PM

**Feng Shui Basics**

What is Feng Shui? It is the art of placement through the study of Chi energy and how it affects your life.

Are you interested in finding out more about Feng Shui, the ancient Chinese art of arranging to achieve harmony and balance?

Janet McLellan with Moon Tree Studio will be offering the class at Holistic Health and Healing.

**Saturday, June 17, 2023**  
Time: 10am - 1pm

132 Riverview Drive, Suite D  
Flowood, Mississippi

**\$75 registration fee**

Feng Shui packet and example items provided. Make sure to bring a notepad and pen.

To register contact Janet at 601-624-1233 or [j\\_mclellan@att.net](mailto:j_mclellan@att.net)  
Deadline to register is Friday, June 16, 2023

Prosperity & Wealth	Reputation & Fame	Love
Family	Health	Learning & Children
Knowledge & Self-Actualization	Career	Helpful People & Travel



Want to be added to our Metaphysical business and services directory? Visit our [Submit a Listing](#) page.

### Welcome Our New Directory Member

Janet McLellan with Moon Tree Studio is a Feng Shui Practitioner, Teacher, and Artist



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**Saturday June 10**  
**10:30 am - 6 pm**  
**MEDIUMSHIP**  
**LEVEL 1**  
**Soul Synergy Rocks and Crystals,**  
**3010 Lakeland Cove Suite X,**  
**Flowood, MS 39232, USA (601) 760-2549**

**Joyflow at Russells Yoga with Debi**  
1050 N. Flowood Drive, Ste C4, Flowood MS  
(back of bldg. through wooden gate)  
Text 601-613-4317 to Register



**Wisdom of the Enneagram – a 10 Class Experience**  
**Learning \* Discussion \* Movement \* Meditation**  
Mondays 7- 8:30 pm  
June 5th-12th-19th- 26th- July 10th- 17th- 24th- 31st- August 7th-14th  
Join us in-person or by zoom.  
\$180 per person. \$320 for Couple.  
Includes hand-outs and Yoga Nine Ways and zoom recording.

**The Experiential Enneagram**  
Saturday June 17th  
1:00-6:00pm \$80

**Joyflow Yoga classes**  
Evenings: Tuesday and Thursday 6:00-7:15 pm  
Mornings: Monday, Wednesday, Thursday 8:30-9:45 am  
\$25 per class drop-in \$120 monthly unlimited \$90 – 6 classes - use within 2 months

Please register by texting 601-613-4317  
Minimum of 2 for class to make, maximum of 10 spaces.  
Send us a message

PSYCHIC MEDIUM  
**Gallery Reading**



GET READY TO LAUGH, CRY, RELEASE AND REJOICE AS THEY SHARE THEIR ENERGETIC GIFTS.



JESSICA ARNDT SARAH SCARCHILLI

**June 17**  
**6-9 p.m.**

**SOUL SYNERGY**  
3010 LAKELAND COVE SUITE X,  
FLOWOOD, MS 39232

PARTICIPANTS MUST BE 18+ OR ACCOMPANIED BY AN ADULT



Graphics By [hclark160@gmail.com](mailto:hclark160@gmail.com)

Do you want to add an event to our events calendar?  
Visit our [Submit a Listing](#) page.

**PAST LIFE REGRESSION**  
SMALL GROUP SESSION  
YOUR 1ST STEP ON A MUCH BIGGER JOURNEY

**SATURDAY 6 - 9**  
**JUNE 17, 2023**  
**\$47**  
**LIMITED SEATING**

**HOLISTIC HEALTH AND HEALING**  
**132 RIVERVIEW DRIVE SUITE D**  
**FLOWOOD**  
**TEXT SHARI FOR RESERVATION**  
**601 503-5010**

**The Pāramī: 10 Qualities of a Beautiful Human**



An Online Retreat w/ **Christie Bates**  
**June 23-24, 2023**



**FLOWERING LOTUS**  
MEDITATION

Reiki Master Level Class with  
[Just Be Holistics MS](#)  
Saturday & Sunday, June 24th -  
June 25th  
10 am to 5 pm  
at Holistic Health and Healing  
132 Riverview Dr., Ste D, Classroom  
Flowood, MS 39232  
Text Krista Tew for more information  
at (601) 506-0416

Newsletter Questions? Contact  
Metaphysical Mississippi's Production  
Manager Emily Hester.  
Email: [emily@metaphysicalms.com](mailto:emily@metaphysicalms.com) or  
Text: 601-421-5333

Come to experience the healing energy of Reiki.  
Come and go or stay  
Every Third Wednesday of the month

6 - 8 PM  
June 21, 2023

**COMMUNITY REIKI SHARE**  
Russells Yoga  
1050 N Flowood Drive, Suite C4  
Flowood, MS 39232

Hosted by  
Russell Holley, Reiki Master  
Krista Tew, Reiki Master Teacher  
[JUSTBEHOLISTICSMMS.COM](http://JUSTBEHOLISTICSMMS.COM)  
[INSTAGRAM.COM/RUSSELLSYOGA/](https://www.instagram.com/russellsyoga/)

Donations are appreciated and go to support this event!  
Have questions? Text or call Krista Tew 601-506-0416



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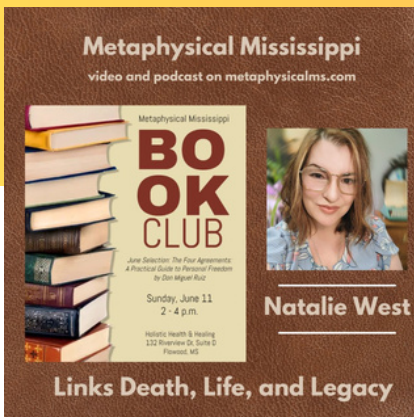
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## June's Mashup

Metaphysical Mississippi is on YouTube, Apple Podcasts, Spotify, Pandora, and more. Make sure to check out the interviews released this past month.



Click on the images above to be taken to the video podcast on our website at [metaphysicalms.com](http://metaphysicalms.com).

METAPHYSICAL MISSISSIPPI SERIES "ASK A ..."



**ASK A WITCH**

The summer solstice is upon us, and who better to have on our 2nd installment of our "Ask a..." series than a practicing witch. What are some general questions you'd like to ask our video podcast guests, Luna, Mercury, Willow and Sellena about the practice of witchcraft.



Submit your questions at [metaphysicalms.com](http://metaphysicalms.com) by the deadline of June 11th at midnight.

Want to be added to our [Directory of Services](#)? Directory membership plans include the initial listing profile set up with your business contact information, a description of the services you provide, an image.

### Basic Directory Membership: \$25 annual fee

It includes one category listing selection with the initial listing. Each additional category selection is \$25 fee per category and \$10 fee per calendar event submission.

### Premium Directory Membership: \$150 annual fee

It includes unlimited category selections upon approval with the initial listing and unlimited calendar event submissions upon approval.

This newsletter has clickable links to the event organizer's website or registration page.



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Check out some of the upcoming events later this summer.

This newsletter has clickable links to the event organizer's website or registration page.



Save the date! Planning is in progress for these events with more information to come:

June 17th 6 PM to 8:30 PM New Moon HeARTual at Jax-Zen

June 28th 6:50 PM MSRA Community Reiki Share at Soul Synergy

July 22-23 Holistic Fair at Soul Synergy

I want to thank the Metaphysical Mississippi community for allowing Krista and I to share your events on our website and newsletters. You each inspire me each time you share something on social media, a podcast, or at an in person event. Compiling this newsletter wouldn't be as flavorful without your creative flyer designs, attention to details and heart for offering health, happiness and healing to fellow Mississippians. With much love, Emily Hester, Production Manager